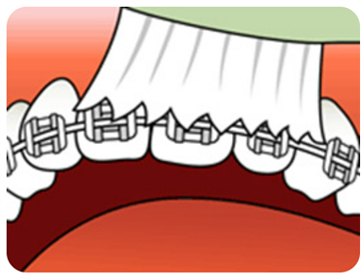


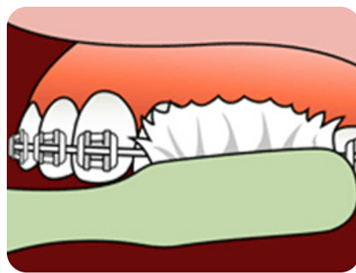


# ORTHODONTICS

## Brushing Instructions



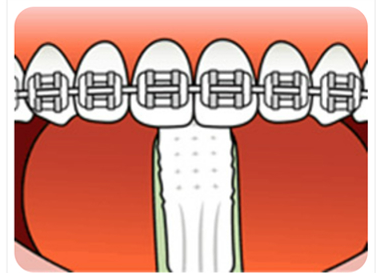
Step 1: Place your toothbrush at a 45-degree angle to your gum.



Step 2: Brush gently in a circular motion.

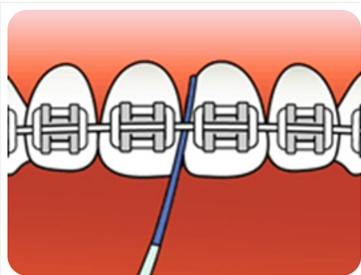


Step 3: Brush the outer, inner, and chewing surfaces of each tooth.

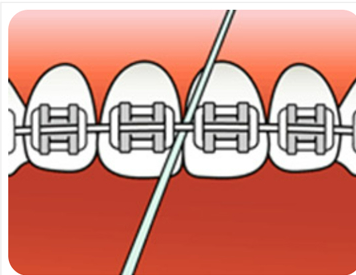


Step 4: Use the tip of your brush for the inner surface of your front teeth.

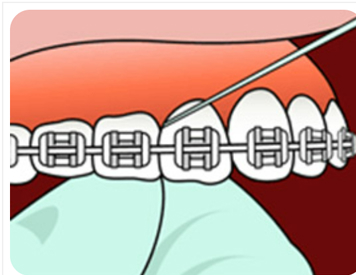
## Flossing Instructions



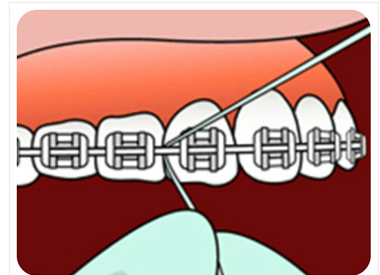
Step 1: Using a piece of floss about 18 inches long, carefully thread the end between braces and wire. You may find a floss threader helpful.



Step 2: Carefully floss around the braces.



Step 3: Carefully floss around the gum areas.



Step 4: Carefully floss around each tooth.

Love. Your. Smile.

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